

# **SAMPLE BREAKFAST MENU SERVED UNTIL 11:30**



## **Eat in/Take out**

Home-made chocolate and tahini granola with greek yogurt, fresh mango & blueberries. (V) (VE available) £3.50/£3

'Rescued' avocado on sourdough toast (VE) (GF available) £6.50/£6

Avocados have a very high carbon footprint, & wild biodiverse land is cleared to grow the fruit as a cash crop. Because of this we don't buy avocados, so you'll only ever see them on our menu when we've rescued them from going to waste.

Free range scrambled egg sandwich (V) £3.50/£3

Home-made vegan pattie breakfast sandwich (VE) £3.50/£3

Locally sourced sausage sandwich £4/£3.50

Locally sourced bacon sandwich £4/£3.50

All of our sandwiches are served on a selection of breads including 'Holy Grain' organic sourdough, locally sourced from an independent bakery just 1/2 a mile down the road. Gluten free bread available.

If you have any allergies or dietary requirements please speak with a member of our lovely team.